

# **P.V.P.H.S. TRYOUT INFORMATION PACKET**

## **Boys Choreo and Coed Choreo**

### **TEAM DISTINCTION**

#### **Boys Choreo:**

Boys Choreo is a performance dance team that is focused on Hip- Hop dance and Breakdancing. The team practices three times a week. The team also has extra practices before any performance. The main objective of Boys Choreo is to perform with Coed Choreo and Girls Choreo in the end of the year concert. Boys Choreo will also perform with Coed Choreo at the Homecoming Dance, the Homecoming pep- rally, the Willenburg School in December, and if schedule permitting the Winter Choreo Concert. Boys Choreo also participates in four to six competitions in the spring. The teacher will provide most the choreography, but choreographers are sometimes brought in to choreograph dances for the concerts. Choreo counts for PE credit during freshmen and sophomore years and as fine arts credit for junior and senior years. There is also an opportunity for each member to earn a varsity letter.

#### **Coed Choreo:**

Coed Choreo is a performance dance team that is focused on Hip- Hop dance and Jazz dance. The team practices three times a week. The team also has extra practices before any performance. The main objective of Coed Choreo is to perform with Boys Choreo and Girls Choreo in the end of the year concert. Coed Choreo will also perform with Boys Choreo at the Homecoming Dance, the Homecoming pep- rally, the Willenburg School in December, and if schedule permitting the Winter Choreo Concert. Coed Choreo also participates in four to six competitions in the spring. The teacher will provide most the choreography, but choreographers are sometimes brought in to choreograph dances for the concerts. Choreo counts for PE credit during freshmen and sophomore years and as fine arts credit for junior and senior years. There is also an opportunity for each member to earn a varsity letter.

#### ***Boys Choreo Work Shops***

- **May 4, 6, 11, and 13 3:30pm- 5:30pm**
- **New members don't have to try-out (Last day to Sign-up is 5/28/10)**

#### ***Coed Choreo Work Shops and Try-outs***

- **Audition workshops are April 26, 27, and 28 at 3:30pm- 6:00pm  
In the South Dance Room (You must attend every day of workshop).**
- **April 29 is the audition date 6:30pm- 9:00pm**
- **April 23 completed application is due.**

## **Team Commitment**

### **Boys Choreo**

- Tuesday 3:30pm- 5:30pm
- Thursday 3:30pm- 5:30pm
- Friday 3:30pm- 5:30pm
- Choreo Concert in the Spring including the tech rehearsal
- Additional Practices prior to performances (Times and Dates TBA)
- Fundraising Activities
- Four to Six competitions in the Spring

### **Coed Choreo**

- Monday 3:30pm- 5:30pm
- Wednesday 3:30pm- 5:30pm
- Friday 3:30pm- 5:30pm
- Choreo Concert in the Spring including the tech rehearsal
- Additional Practices prior to performances (Times and Dates TBA)
- Fundraising Activities
- Four to Six competitions in the Spring

## **Attendance**

### **Boys and Coed Choreo**

Due to the limited number of practices it is important that team members attend every practice. Missing one practice is equivalent to missing two days at school. Since students earn P.E. credit and fine arts credit it is mandatory that each student have at least five hours of participation a week.

- Team members are subject to school and education department policies.
- Excessive absences (ten hours a semester) will result in removal from routine and possible removal from the team.
- The Concert is mandatory. No Exceptions.
- Members must be properly dressed to dance every practice.
- (Black sweats, black shirt and athletic shoes. Girls must always have jazz shoes and athletic shoes at every practice).
- In order for an absence to be excused you must be sick or absent the whole day. Do not schedule any appointments during Choreo practices. Doctor's notes are required for an absence that is longer than two days.

## Class Grades

- Grades will be determined by attendance, and quality of participation in accordance with the policies set by the physical education dept. Attendance policy will also apply to additional practices and performances.
- Two absences of any performance will lower the student's semester grade one full letter grade. This will include if a student arrives tardy or departs early from the performance.

## Conduct

- All teams are subject to District Code of Conduct and Academic Standards.
- All team members are subject to maintain high standards of conduct and behavior as chosen representatives of Palos Verdes Peninsula High School. Violation will result in probation or suspension from the team.

## Expenses

Choreo Members will be expected to pay a **\$ 250 semester fee each semester**. Fee covers costumes for Homecoming, competitions, shoes, our yearbook ad, banquet, sweatshirts, costumes for the concerts, and competition entrance fees. **New Choreo members must pay an additional \$100 at the beginning of the year for their warm-ups**. Fundraisers will be available to help with the cost.

**First Payment due June 4, 2010**

**Second Payment due January 7, 2011**

## Parent Commitment

If your son or daughter makes the team, one parent is required to volunteer at one of our events. **The parent will need to stay for the entire event.** Parents could either sign- up for competitions or for dance concerts. It is important that there are parents at each event for the safety of the team. If any injury occurs that requires a team member to be taken to the hospital, a parent will need to stay with the team or accompany the team member to the hospital.

If you have any questions you can contact the Choreo Coach via e-mail:  
**aangellano@sbcglobal.net**

# VPHS TRYOUT APPLICATION

(Please Type or Print)

Attach:  
\*copy of first semester report card  
\*physical examination report

\*Attach Picture Here

## Applicant Information:

Name \_\_\_\_\_ Birthdate \_\_\_\_\_  
Current School Attending \_\_\_\_\_ Grade \_\_\_\_\_ GPA \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_  
Home Phone # \_\_\_\_\_ Student's Cell # \_\_\_\_\_  
Student's Email \_\_\_\_\_  
Mother/Guardian Name \_\_\_\_\_ Work # \_\_\_\_\_ Cell # \_\_\_\_\_  
Father/Guardian Name \_\_\_\_\_ Work # \_\_\_\_\_ Cell # \_\_\_\_\_  
Parent's Email \_\_\_\_\_

## Tryout Information:

I am trying out for: (Please check)

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Cheer (any squad)                     | <input type="checkbox"/> Song (any squad)    | <input type="checkbox"/> Girls Choreo       |
| <input type="checkbox"/> Cheer (Varsity only)                  | <input type="checkbox"/> Song (Varsity only) | <input type="checkbox"/> Advanced Dance     |
| <input type="checkbox"/> Varsity Dance (Dance/Drill)           | <input type="checkbox"/> Colorguard          | <input type="checkbox"/> Intermediate Dance |
| <input type="checkbox"/> Coed Choreo                           | <input type="checkbox"/> Boys Choreo         |   |
| <input type="checkbox"/> Willing to be a Coed Choreo alternate |  |   |
- Height: \_\_\_\_\_ Weight: \_\_\_\_\_ (Must fill out this section for Coed Choreo or Boys Choreo)

List any other activities or sports you are planning on participating in for the 2009-2010 season

## Medical Information:

Medical problems: (please check)

- |                                       |                                       |                                    |                                      |                                       |
|---------------------------------------|---------------------------------------|------------------------------------|--------------------------------------|---------------------------------------|
| <input type="checkbox"/> Back injury  | <input type="checkbox"/> Broken Bones | <input type="checkbox"/> Surgery   | <input type="checkbox"/> Knee Injury | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Ankle Injury | <input type="checkbox"/> Asthma       | <input type="checkbox"/> Allergies | <input type="checkbox"/> Neck Injury |                                       |

Explain: \_\_\_\_\_

## Parent/Student Commitment Acknowledgement:

- 1) We have read and understand the **TEAM COMMITMENT** associated with the performance team my son/daughter has chosen to tryout for (both summer and school year).
- 2) We have read and understand the **RULES** for attendance, class grading system, performances, and personal conduct.
- 3) We have read and understand the **FINANCIAL EXPENSES** that are associated with participation with in performance team.
- 4) **IMPORTANT:** any team member who tries out and makes the performance team (or signs up for Boys Choreo only) will be responsible for **ALL** financial and team commitments, **even if he or she chooses at some point NOT to participate or is dropped from the team. Class credit will be received only if a student fulfills the entire year of team commitment as outlined.**
- 5) We have read and understand the workshops, tryout information and tryout procedure, judging and scoring procedure related to VPHS tryouts for these performance teams and accept all judges' decisions as final.
- 6) We understand and consent to the videotaping and photographing of the student in a school-related activity.
- 7) WE ACKNOWLEDGE THAT WE, THE PARENTS AND STUDENT, UNDERSTAND AND ACCEPT RESPONSIBILITY FOR **ALL COMMITMENTS ASSOCIATED WITH THE PERFORMANCE TEAM HE/SHE HAS CHOSEN, AND GIVE OUR CHILD PERMISSION TO TRYOUT (OR SIGN-UP - BOYS CHOREO ONLY).**

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

Student's Signature \_\_\_\_\_ Date \_\_\_\_\_

PALOS VERDES PENINSULA UNIFIED SCHOOL DISTRICT  
Health Services



PHYSICAL EXAMINATION REPORT

Student's Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Student's Grade \_\_\_\_\_

A physical examination of this student was performed on (**Date**) \_\_\_\_\_.

He/she is physically fit to participate in all athletics.\*

Date \_\_\_\_\_

\_\_\_\_\_  
Physician's Signature

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**VALID ONLY WITH PHYSICIAN'S STAMP**

Telephone: \_\_\_\_\_

\* California Interscholastic Federation (CIF) policy 306 states,...“An annual physical examination, or a statement by a medical practitioner, certifying that the student is physically fit to participate in athletics is required before a student may try out, practice or participate in interscholastic athletic competition...”

PVPUSD accepts physical examination reports from a M.D., D.O., Physicians' Assistant, and Nurse practitioner with a MD's stamp.